

JUNE FREE EVENTS

MEDICARE
 EDUCATION
 CENTER

701 South Orange Blossom Trail Apopka, FL 32703

MONDAY

TUESDAY

WEDNESDAY










THURSDAY

FRIDAY

CALL NOW TO RSVP
407-803-4622

NOT A PATIENT YET?
SCAN THIS CODE NOW TO JOIN
GOLDEN TIMERS CLUB FREE!



<p>3 CHICAGO STEPPING WITH MR. WALTER C. LANE 1:00 - 2:30PM</p> 	<p>4  FIT to DANCE 2 STRENGTH & TONE FIT 2 DANCE EVERY TUESDAY AT 1PM</p>	<p>5  TAI CHI / QIGONG WITH ALVIN EVERY WEDNESDAY AT 11AM</p>	<p>6  ENGLISH CLASS AT 1PM</p>	<p>7</p>
<p>10 CHICAGO STEPPING 1:00 - 2:30PM ACTIVITY DAY AT 10:30 AM</p> 	<p>11 STRENGTH & TONE FIT 2 DANCE AT 1PM</p>	<p>12 TAI CHI / QIGONG WITH ALVIN AT 11AM</p>	<p>14  BINGO! AT 11AM ENGLISH CLASS AT 1PM</p>	<p>14</p>
<p>17 CHICAGO STEPPING 1:00 - 2:30PM AGING HAPPILY AT 11AM</p> 	<p>18 STRENGTH & TONE FIT 2 DANCE AT 1PM</p>	<p>19 TAI CHI / QIGONG WITH ALVIN AT 11AM</p>	<p>20 ENGLISH CLASSES WITH GRACE AT 1PM</p>	<p>21</p>
<p>24  GTC 101: ALZHEIMER'S AWARENESS AT 11AM</p>	<p>25  MyPlate Healthy Tips AT 1PM STRENGTH & TONE FIT 2 DANCE AT 1PM</p>	<p>KNIT AND CROCHET WORKSHOP AT 10AM TAI CHI / QIGONG WITH ALVIN AT 11AM</p>	<p>27 ENGLISH CLASSES WITH GRACE AT 1PM</p>	<p>28</p>