



MARCH 2026 FREE EVENTS
CALL NOW TO RSVP 407-803-4622

MEDICARE
 EDUCATION
 CENTER

701 South Orange Blossom Trail Apopka, FL 32703

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 ZUMBA AT 10 AM	4  MEDICAL RESEARCH MEMORY SCREENINGS	5 SILVER SNEAKERS TAI CHI/QIGONG AT 9:30AM	6
9	10 ZUMBA AT 10 AM CRAFTY CORNER AT 12PM	11	12 SILVER SNEAKERS TAI CHI/QIGONG AT 9:30AM	13
16	17 ZUMBA AT 10 AM	18	19 SILVER SNEAKERS TAI CHI/QIGONG AT 9:30AM	20
23	24 ZUMBA AT 10 AM	25 PROMISE SEEDS INITIATIVES INTERNATIONAL SNACK AND LEARN: CAREGIVER SERVICES AT 10:30AM	26 SILVER SNEAKERS TAI CHI/QIGONG AT 9:30AM	27
30	31 ZUMBA AT 10 AM	 <p>NOT A PATIENT YET? SCAN THIS CODE NOW TO JOIN GOLDEN TIMERS CLUB FREE!</p>		