






20+
PROUDLY SERVING
ORLANDO FOR
OVER 20 YEARS

APRIL 2026 FREE EVENTS
CALL NOW TO RSVP 407-803-4622
SE HABLA ESPAÑOL

701 South Orange Blossom Trail Apopka, FL 32703

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NOT A PATIENT YET? SCAN THIS CODE NOW TO JOIN GOLDEN TIMERS CLUB FREE!</p> 		<p>1  MEDICAL RESEARCH MEMORY SCREENINGS</p>	<p>2 TAI CHI/QIGONG AT 9:30AM</p>	<p>3</p>
<p>6</p>	<p>7 ZUMBA AT 10 AM MEDICARE 101 AT 11AM</p>	<p>8</p>	<p>9 TAI CHI/QIGONG AT 9:30AM TAI CHI AND ORIGAMI FOR PARKINSON'S AT 11AM</p>	<p>10</p>
<p>13</p>	<p>14 ZUMBA AT 10 AM</p>	<p>15 GUITAR GROUP AT 11AM</p> 	<p>16 TAI CHI/QIGONG AT 9:30AM</p>	<p>17</p>
<p>20</p>	<p>21 ZUMBA AT 10 AM</p>	<p>22</p>	<p>23 TAI CHI/QIGONG AT 9:30AM</p>	<p>24</p>
<p>27</p>	<p>28 ZUMBA AT 10 AM</p>	<p>29</p>	<p>30 TAI CHI/QIGONG AT 9:30AM</p>	